

Return to Amy Porter:  
[amy.porter@dietitiansofalaska.com](mailto:amy.porter@dietitiansofalaska.com)  
or  
Fax 907-644-8448



## PATIENT REFERRAL FORM TO DIETITIANS OF ALASKA

Today's Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_  
Last First MI

DOB: \_\_\_\_\_ Patient's Phone: \_\_\_\_\_

Insurance Plan: \_\_\_\_\_

### Referring Provider Information

Provider's Name: \_\_\_\_\_

Practice/Clinic Name: \_\_\_\_\_

Provider's Phone: \_\_\_\_\_ Provider's Fax: \_\_\_\_\_

Provider's Address \_\_\_\_\_

Provider's NPI Number: \_\_\_\_\_

\* Unfortunately, we are currently unable to accommodate Medicare, Medicaid and Tricare due to lack of Dietary/Nutritional Therapy coverage.

\*\* We kindly request that the following patients not be referred to Dietitians of Alaska: Patients under 18 years old; pregnant patients; patients on hemodialysis; disease related to alcoholism; adult malnutrition; eating disorders (except binge eating disorder).

\*\*\* Please note exceptions to the above may apply for bariatric patients.

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**Primary Reason for Referral (ICD-10) \*\*\*At least 1 ICD-10 is required for referral\*\*\***

- Allergic and Dietetic gastroenteritis and colitis (K52.2)
- Celiac Disease (K90.0)
- Constipation (K59)
- Crohn's Disease of the small intestine (K50)
- Crohn's Disease of the large intestine (K50.1)
- Crohn's Disease of both small and large intestine (K50.8)
- Crohn's Disease, unspecified (K50.9)
- Diverticulosis (K57.3)
- Eosinophilic esophagitis (K20.0)
- Fatty liver disease, nonalcoholic (76.0)
- Functional Diarrhea (K59.1)
- Gastroesophageal reflux disease with esophagitis (K21.0)
- Gastroesophageal reflux disease without esophagitis (K21.9)
- Gastroparesis (K31.84)
- Irritable bowel syndrome (K58)
- Pancreatitis, Other chronic (K86.1)
- Ulcerative colitis (K51)
- Other:

**Secondary Diagnoses (Helpful for Insurance Coverage)**

- Dietary counseling and surveillance (Z71.3)
- Essential Hypertension (I10.0)
- Hypercholesterolemia (E78.0)
- Obesity BMI 30-39.9 (E66.9)
- Morbid Obesity BMI >40 (E66.01)
- Type 2 diabetes without complications (E11.9)

**Special Instructions**

- FODMAP Diet
- Gluten free diet
- Low histamine diet
- SIBO diet
- Other: \_\_\_\_\_